



Healthcare for busy women



Women's Center
for Comprehensive Care
at Baylor College of Medicine

If you're like most women, there simply aren't enough hours in the day to take good care of yourself. With too little time to spare, too often women neglect the routine medical visits that are critical to good health, particularly as you age.

At Baylor College of Medicine, we believe the key to improving women's health is convenience – make it easy for women to take care of themselves and they'll do it “*at the drop of a hat.*”

Our solution? The Women's Center for Comprehensive Care at Baylor College of Medicine, offering a new approach to healthcare for today's busy woman. With this unique Women's Center, now you can combine all of your critical healthcare appointments into a single visit, all in one convenient location.

IT'S ABOUT TIME

The Women's Center for Comprehensive Care offers women easy access to multiple medical specialties and comprehensive checkups all in one convenient location. We also offer onsite clinical laboratory services, a state-of-the-art diagnostic imaging center, and a convenient location within Baylor Clinic, situated on the outskirts of the Texas Medical Center.

The result: a "one-stop" approach to women's healthcare aimed at improving lives and setting new standards in our community and beyond.

Specialties available through the Women's Center include:

- Cardiology/
Baylor Heart Clinic
- Behavioral Health
- Dermatology
- Family Medicine
- General Surgery
- Internal Medicine
- Obstetrics & Gynecology
- Plastic Surgery/
Center for Aesthetic Surgery
- Radiology
- Nutrition, exercise and
behavioral health consultations
through the Texas Heart
Institute at St. Luke's Episcopal
Hospital

OUR SERVICES

We offer a wide variety of services to help evaluate and treat women's healthcare needs, all delivered in a friendly, private setting by caring professionals. Our patients can choose from one of several comprehensive checkup packages, adding on optional services such as nutrition/exercise consultations and body fat analysis, as desired. Assessments by our expert team of specialists help identify potential health issues, eliminate or reduce health risks, and provide vital wellness information.

Packages include:

- **Healthy Lifestyle Assessment** – comprehensive annual evaluation for healthy women with no significant medical conditions. Includes a complete women's physical* from family medicine/internal medicine and OB/GYN specialists, comprehensive lab work*, thyroid screening, cholesterol screening, electrocardiogram, anti-aging and skin rejuvenation consultation*, and a mammogram and bone density* test for postmenopausal women.
- **Disease Prevention Assessment** – comprehensive annual evaluation for women in good health who are at a high risk for certain diseases. Includes a complete women's physical* from family medicine/internal medicine and OB/GYN specialists, a cardiologist and a dermatologist, comprehensive lab work*, thyroid screening, chest X-ray, cardiovascular risk assessment, anti-aging and skin rejuvenation consultation*, and a mammogram and bone density* test for postmenopausal women.



- **Weight Management Assessment** – comprehensive annual evaluation for women struggling with excess weight, a major risk factor for heart disease and other serious health conditions. Includes a complete women's physical* from family medicine/internal medicine and OB/GYN specialists, a cardiologist and a dermatologist, comprehensive lab work*, thyroid screening, chest X-ray, cardiovascular risk assessment, nutrition/exercise/behavioral health consultation and body fat analysis*,* and a mammogram and bone density* test for postmenopausal women.
- **Executive Physical** – comprehensive annual evaluation and detailed health assessment comparable to those conducted for busy, high-profile executives. Includes a complete women's physical* from family medicine/internal medicine and OB/GYN specialists, a cardiologist and a dermatologist, comprehensive lab work*, thyroid screening, chest X-ray, cardiovascular risk assessment, nutrition/exercise/behavioral health consultation and body fat analysis*, anti-aging and skin rejuvenation consultation*, mammogram and bone density* test.

All patients receive a welcome package, free valet parking, a heart-healthy lunch if services extend over the lunch hour, and personalized service from our Women's Center coordinator. Our coordinator will provide you with a questionnaire to complete prior to your visit to help determine which services are best for you, based on your age and underlying medical condition.

For those with complex medical histories and multiple medical problems, follow-up healthcare is readily available through the renowned team of specialists located at Baylor Clinic.

**These services are reasonably priced but may not be covered by insurance. Contact your insurance provider for the specifics of your coverage.*

WHY BAYLOR COLLEGE OF MEDICINE?

At Baylor College of Medicine, our physicians are among the best and brightest in their fields, serving multiple roles as researchers, educators and clinicians, combined. They offer firsthand knowledge of the latest advancements in medicine, and the ability to translate those advancements into better treatment for their patients.

Baylor Clinic, our adult outpatient facility, combines multiple specialties under one roof, all collaborating to improve your care and treatment. We offer the best modern medicine has to offer, including advanced technologies for faster, more accurate diagnosis and treatment, groundbreaking healthcare based on proven research, and access to the latest clinical trials and discoveries, all within a patient friendly environment designed to make your visit as convenient and stress-free as possible.

GETTING STARTED

To get started, call 713.798.2545 to speak with our Women's Center coordinator. Our coordinator can answer any questions you may have about our services, provide you with a questionnaire to complete to help determine the right services for you, and work with you to schedule a convenient appointment.



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for Comprehensive Care
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