

CPAP Clinic Brochure

After you have been diagnosed with Sleep Apnea, you are prescribed CPAP to be used nightly. Unfortunately many patients have difficulty adjusting to their CPAPs. Many patients put up with a lot of unnecessary difficulty in order to try to use the machine and eventually a good number simply give up and stop using it. Some patients notice persistent symptoms even when they wear the machine and wonder if it is working right. Many patients may experience strange noises, or air leaks, or problems with humidity with their CPAP. The majority of sleep centers do not, unfortunately, focus a lot of attention and effort on helping patients with their CPAPs, and the medical equipment providers who simply provide the machines, lack both the time and the expertise to help. This leaves patients with very few options to turn to. Well – not any more.



The BCM Sleep Center CPAP Clinic is a one stop shop for all your CPAP needs. The Center is staffed by our highly experienced sleep technicians all of whom are certified (RPSGT) as well as by a registered respiratory therapist (RRT). In addition, we always have a sleep Board-certified physician available for help with specific questions or concerns.

At the clinic, you will be able to bring in your CPAP or BIPAP machine as well as all the headgear, masks and tubings. The machine will be checked by our certified technicians. Masks, tubings, and headgear will also be examined and as needed, replaced with new ones. Patient education regarding the machine will be imparted both individually as well as in group sessions. We work with your insurance carriers to ensure coverage for all of these services. Your sleep study could have been done at any center or city, and you could have obtained your equipment from any provider.

We are also able to readily obtain a download from the CPAP machine by means of a smart-card and are able to review its performance, your compliance, and identify sources of potential problems such as air leaks. Think of us as an “oil-change” for your CPAP.

Phone: 713-798-3300
Fax: 713-798-3303

The clinic is held at the BCM Sleep Center; a beautiful facility with ample and free parking. Scheduling a visit to the CPAP clinic is easy as picking up the phone. Call 713-798-3300 to schedule your appointment. We will be more than happy to assist you.

Remember, your CPAP machine is more than something that helps you sleep better at night and feel more energized during the day – it is your lifeline – using it regularly is critical to ensure that you do not experience the negative consequences of sleep apnea such as hypertension, heart disease, and diabetes. We are here to help you make sure you are using it regularly, appropriately and effectively.

